



Unleashing Potential News - Dyslexia

UP Vol. 11

What's going on in a dyslexic's head at that point where the dyslexia cuts in and all recognised intelligence seems to desert them?

Let me say to begin with that that's not an easy answer to capture. Firstly it happens so fast and very importantly, at the point dyslexia kicks in, the person is at their least able to write it down. It's also a unique experience per person and often per event.

What follows then is a representative reconstruction of one person's experience, as best as they can describe it from a real life event in a meeting. Despite it all happening at lightening speed, you might benefit from reading it fairly slowly and trying to imagine the panic that drives it.

OHMYGOD, I've got to read it and give comment NOW!!!!

How can they do this to me? We're supposed to have all meeting materials as pre-reading. They know I always have to sit and think about it. Oh shoooooot, my stomach is churning

STOP . . . THINK . . .

I can't I feel sick

Oh cripes, they're looking at me expectantly . . .they must all know what it says, did I miss picking up the pre-reading? I can't do this . . . ohmygod, what am I gunna doooooo???

What does it say on the page . . .that'll help. It's crazy, my eyes have gone blurred. (blink, blink, rub eyes)

No, it's happened before, it's *this again* I just have to focus, calm down, it won't be as bad . . .

The lines are just grey smudges with the letter o dotted over the page.

Focus on the o and the rest will focus as well . . . SOOOON I hope . . . PLEEEEEEASE!!!!

I need a drink, What the heck does it say?

They're waiting for me. I'm wasting their time. I'm gunna cop it for this one.

JUST READ IT!!!! NOW!!!!

(deep breath or three to stop my heart banging) I feel so hot. My cheeks are burning, they'll notice.

Ah, that's better. I can see the words now.

They've started talking, How can they expect someone to read while they're talking. Maybe I can glean something? Do they read that fast? Just goes to prove how stupid I am.

"Oh what, are you talking to me. Sorry, still considering what options we have - whether they are fully represented here. I missed what you said, did someone say there were other possible options. Why not note them down then we can systematically assess their attributes against our stated objective. We do have that clearly defined don't we?"

Further Information on Dyslexia and its counterparts visit:

www.unleashing-potential.co.uk

To discuss specific cases in confidence and bookings:

Call Anna on

Tel: [07976 933743](tel:07976933743) / [0116 230 3283](tel:01162303283)
Email: anna@unleashing-potential.co.uk