



# Unleashing Potential News - Dyslexia

UP Vol. 3

Imagine a world where everybody thinks in the same way; sees/hears the same things; has the same thoughts; enjoys or dislikes the same activities. Imagine too that in this world there is only a small number of acceptable solutions for recognised challenges.

**How would progress be made - would progress even be a factor of life?**

There could be no distinction between the abilities of businesspeople or sportspeople for example. If we all had the same ability we would either have to have huge capacity to do everything or we would all be confined to extremely limited activity: all fighting for 'the top jobs' or working at a much lower level - would our society have a legal system, for instance?

It is therefore a credit to our society that we all think differently from one another. It is this richness in the combined sum of our ability that makes our society multi-functional.

Given that there are so many different ways of thinking - a combination of using linear or lateral thinking; knowledge and interest - it is reasonable to think that some people are more geared to creative pursuits and others more geared to logical pursuits.

**Some people are more inclined towards detail and others see the whole picture.**

Here's a little exercise for you to test this out:

Show a picture to several people - fairly large and one they are unlikely to have seen previously.

Explain to them that you would like them to describe exactly what they notice about the picture when they *first* see it. Only let them see it for a few seconds.

Most likely some will notice colour, others form. Some will focus on one part of the picture and be able to describe it in fine detail; others may say that they started at the top left corner and did a fast scan in the same way that we read written materials.

People with dyslexia often see things differently to others - they are more likely to see the whole picture at once. Because they see the whole picture it can be difficult to know where to start when describing what they have seen.

This ability is not only confined to looking at a physical picture. It is very common for them to 'see' a complete picture in their mind *before* it is created in reality. This clearly has huge benefits when problem solving or undertaking any form of creative work. There can be a downside though. Unless they learn to focus on one element at a time, confusion on which part to work on can be rife. The result? Procrastination . . . incompleteness . . . missed detail . . .

## Further Information

[www.unleashing-potential.co.uk](http://www.unleashing-potential.co.uk)

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