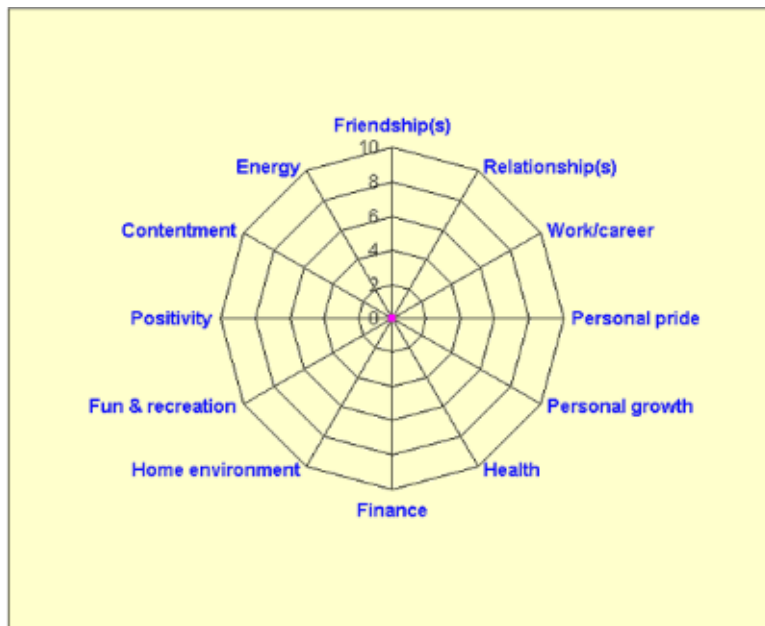
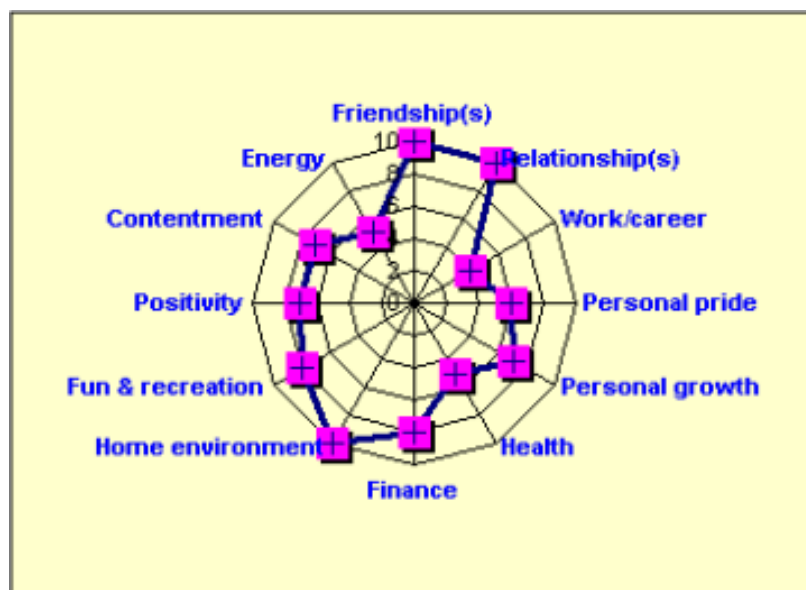


Example of personal Wheel of Life, before completion



Example of Wheel of Life, after completion



Examples supplied courtesy of Cara Hooper of Effective Coaching